

Dorcas Training Center Classes
 187 High House Road, Cary Plaza
 dorcas-cary.org



October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Training Center 10am-1pm Mobile Health Clinic 10-1 Budget Counseling 10-1	4 Training Center 10am-1pm	5 Training Center 10am-1pm Budget Counseling 12-3	6 Training Center 10am-1pm Budget Counseling 12-3	7
8	9 Training Center 10am-1pm	10 Training Center 10am-1pm Budget Counseling 10-1	11 Training Center 10am-1pm Financial Empowerment 6pm to 8pm	12 Training Center 10am-1pm Budget Counseling 12-3	13 Training Center 10am-1pm Budget Counseling 12-3	14
15	16 Training Center 10am-1pm	17 Training Center 10am-1pm FLU SHOT CLINIC 10-1 PM Budget Counseling 10-1 Smart Eating 1-2 PM	18 Training Center 10am-1pm	19 Training Center 10am-1pm Budget Counseling 12-3	20 Training Center 10am-1pm Budget Counseling 12-3	21
22	23 Training Center 10am-1pm	24 Training Center 10am-1pm Budget Counseling 10-1	25 Training Center 10am-1pm Smart Cooking 7-8 PM	26 Training Center 10am-1pm Budget Counseling 12-3	27 Training Center 10am-1pm Budget Counseling 12-3 Resume Writing 10:30-12:30	28
29	30 Training Center 10am-1pm	31 Training Center 10am-1pm Budget Counseling 10-1				

FREE FLU SHOT CLINIC – Priority will be given to Cary/Morrisville residents.

SMART EATING – Learn valuable nutrition information - taught by UNC Nursing students.

SMART COOKING! – Learn simple recipes for inexpensive healthy eating. Free Groceries.

Free - Space is Limited, Must Register.

RESUME WRITING - Put you best self forward when applying for employment.

For more info: ask in the Crisis Ministry, email outreach@dorcas-cary.org
 or call 919-469-9861, ext 204