

Dorcas Training Center Classes
 187 High House Road, Cary Plaza
 dorcas-cary.org



June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Training Center 10am-1pm Budget Counseling 12-3	2 Training Center 10am-1pm	3
4	5 Training Ctr. 10am-1pm	6 Training Center 10am-1pm Mobile Health Clinic 10-1 Budget Counseling 10-1	7 Training Center 10am-1pm You Can Earn More Than That 10am-1pm OR 6-9PM	8 Training Center 10am-1pm Budget Counseling 12-3	9 Training Center 10am-1pm	10
11	12 Training Ctr. 10am-1pm	13 Training Center 10am-1pm Budget Counseling 10-1	14 Training Center 10am-1pm Financial Empowerment 6pm to 8pm	15 Training Center 10am-1pm Budget Counseling 12-3	16	<i>Learn strategies for surviving on a tight budget, ways to repair your credit score and more!</i>
18	19 Training Ctr. 10am-1pm	20 Training Center 10am-1pm Mobile Health Clinic 10-1 Budget Counseling 10-1	21 Training Center 10am-1pm	22 Training Center 10am-1pm Budget Counseling 12-3	23 Training Center 10am-1pm	24
25	26 Training Ctr. 10am-1pm	27 Training Center 10am-1pm Budget Counseling 12-3	28 Training Center 10am-1pm Smart Cooking 7-8 PM	29 Training Center 10am-1pm Budget Counseling 12-3	30 Training Center 10am-1pm	

Mobile Health Clinic – Free Nursing Care For Those Living With Chronic Diseases
 10AM-1PM 1st & 3rd Tuesdays at Dorcas – No Appointment Needed.

You CAN earn more than THAT! – Learn how to make a plan for upward mobility (Taught by Wake Tech Instructors) Choose to attend our morning class at 10-1 OR our evening class from 6-9. Refreshments and Dorcas Shop Voucher upon completion – call to register.

Smart Cooking – “What Your Food Contains” (Essential Nutrient and Label Knowledge)
 Must register, space is limited, taught by Chef Tessa of TASTE Nutrition Consulting

For more info: ask in the Crisis Ministry, email outreach@dorcas-cary.org or call 919-469-9861, ext 204